

ABSTRACT

This bachelor's thesis is focused mainly on the knowledge of 9th-grade pupils of selected primary schools about eating disorders (shortly ED). Among other things, it aimed to find out whether pupils had ever heard of ED and, if so, where they had heard about it. A partial goal of this bachelor thesis was also to show whether these pupils know about someone who suffers or has suffered from an eating disorder. If they know of such a person, who this person is? Another partial goal was to clarify whether pupils can identify the symptoms of ED and to whom they would confide their concerns, in case of suspicion of ED within their friends. Furthermore, this work focused on whether the pupils involved are aware of the potential threat to themselves in terms of ED. Last but not least partial goal of the work was to find out the relationship between stigmatization and ED.

An anonymous questionnaire survey was used to obtain information

The results show that pupils have 58 % knowledge of ED. Everyone has heard of ED at some point, with the media being most involved in the responses. 60 % of pupils know of someone with ED, most often a publicly known person. Only 27 % of respondents correctly selected all 3 symptoms of a person suffering from ED and a total of 35 % chose at least two. According to the survey, most pupils (51 % in total) would confide their concerns to a friend they suspect of ED. The results also show that 57 % of pupils do not admit that they too may be affected by ED. In a relationship concerning ED and stigmatization, terms related to anorexia predominated significantly (51 %).