

This work is focused on the possibilities of linking methods of coaching and physical therapy in the field of psychological personal development. The author explains the concepts related to coaching and physical therapy and introduces to the reader the current situation in these two interconnected fields. The aim of this work is to find out if and how to use the coaching techniques in physical therapy. The rate of utilization of these techniques is verified by a qualitative survey. The work also focuses on the needs and possibilities of further education.