

**Abstract (in English):**

This bachelor thesis is focused on the topic of mapping distress of multidisciplinary teams in the retirement houses for seniors with dementia syndrome. The theoretical part describes the basic concepts associated with the topic of this thesis. It deals with the dementia syndrome and its prevalence, retirement houses and the concept of formal carer within the multidisciplinary team. The biographical model of care is also introduced and the concept of the caregiver burden is explained. The practical part deals with evaluation of the caregiver burden of formal carers through quantitative questionnaire survey. The survey was conducted at four homes where the biographical model of care is implemented. The aim of this thesis is to map and define the areas of care where the caregiver feels the most distress. Another aim is to find out the differences in feeling of distress depending on the age and length of the caregivers' work experience.