

**ABSTRACT:**

The aim of this thesis was to map the differences in physical preparation of futsal and football players. The thesis is divided into two main parts. The first one is theoretical and the second one is practical. The theoretical part is focused primarily on the basic and general things that concern both sports. There is mentioned a brief characteristics, rules and also the differences in systematice of both sports. Last, but not least the theoretical part describes sports training, which is divided into components, such as technical or tactical, but greater part is devoted to physical preparation. The practical part consists of an individual interview with coaches of futsal and football and testing of a selected sample of players using fitness tests, which serve to verify the established hypotheses. The goal was to find out whether the futsal players are better equipped than the football players in terms of fitness or not. The outcome of the practical part are measurements, which are displayed in well aranged tables.

**KEYWORDS**

Condition, physical preparation, differences, comparison, football, futsal, interview