

Bachelor thesis abstract

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Title of bachelor thesis: Physiotherapy in patients with bipolar disorder

Abstract:

This bachelor thesis deals with what kind of role has physiotherapy in patients with psychiatric illness, specifically in patients with bipolar affective disorder. The aim of this work is to collect information about the disease in all its aspects and to describe how these patients are treated from the perspective of a physiotherapist.

The first part of the thesis describes origins and symptomatology of bipolar affective disorder, differential diagnosis, comorbidities, pharmacological treatment and psychotherapy. The second part of the thesis deals with physiotherapy approaches and methods, indications and contraindications. In the form of studies, we will process various studies dealing with physiotherapy methods adequate for treating these patients and what influence they have on each of the phase of the disease. The studies will be summarized in the final discussion.

Key words:

Bipolar disorder, physiotherapy, physical activity, psychiatry