Abstract:

Rigorous Thesis focuses on values, value orientations, and the level of life satisfaction of young adults. The theoretical part of the Thesis defines the following terms: values, value orientations, life satisfaction, and period of young adulthood. Further, the most recent findings concerning interconnection between values, value orientations, and life satisfaction are introduced.

The empirical part of quantitative nature firstly contains in its explorative part a definition of value orientation, subsequently, the relations between the explored value orientations and satisfaction is examined – both in the case of overall life satisfaction and the level of life satisfaction in regarded subareas. Research sample accounts for 726 young adults.

The explorative section introduces several possible divisions of value orientations. Aggregations of 2 - 6 value orientations proved to be most appropriate. Finally, hypotheses regarding value orientations and life satisfaction are tested. The results show that the individual value orientations statistically significantly differ from each other in regard of the overall level of life satisfaction.

This research stimulates further examination of value orientations and exploration of their relation between overall life satisfaction and life satisfaction in regarded subareas.

Keywords:

value orientations, life satisfaction, early adulthood