

ABSTRACT

The main goal of this work is to point out existing education tools and new tools, ICT elements that we can apply to senior education. By introducing new practices, we can improve and support the education of seniors organized by various institutions, organizations, associations, community centers and others. By researching ICT tools not only in the Central European area, we open up the space for a higher quality of the educational process. Our theoretical approach is based on the empirical findings we have made on students and lecturers of the Third Age University. We have also enriched the work on the discussion of results, including recommendations for practice not only for the professionals.

Key words: old age, ageing, active ageing, adult education, education of seniors, university of the third age, virtual university of the third age, information and communication technologies, social networks