

## Annotation

### **Activism of seniors living in nurturant and retirement houses**

Bachelor's work was aimed for nurturant and retirement houses. Focus was the fact whether in these institutions the free-time activities are being prepared and who and how is managing them.

My findings were positive, as the activities are established at all locations, at some of them with educated staff, at some with specialized programs with recurrences and wide offers.

Also exact activities for immobile clients are created and helping to motivate them to shake off the fear and check something re-new out.

Research pointed out the interests of seniors and their willingness to change their life to better.

Activism of seniors takes really serious place in policy of human aging.