

## Annotation

The baccalaureate work is dealing with health support in the primary care, in particular with the activity of a nurse, and how the nurse can actively contribute to the improvement of the health level of the population. It evaluates, in which part of prevention and care the nurse should be more active, and which questions she is to target first. As a method there is used an interview of a selected group of respondents. The interview should reveal the level of knowledge in the field of alimentation, sporting activity and health care and support. The men – blood donors of age between 40 and 50 in the Transfusion Department of the Teaching Hospital in Hradec Králové were addressed. The output of the inquiry was put under analysis with the object to target the knowledge deficiencies. The results can be instrumental for the educational activity of the nurse in the primary care.