

Abstract

Constructive management of relationship conflicts, which may be conditioned by the interaction of both romantic partners, is a key factor for mutual satisfaction. Therefore, the main aim of this thesis was to find out a mediating role of conflict communication styles in long-term heterosexual couples.

For the Practical part of the thesis was chosen a quantitative research, including data from 76 long-term heterosexual couples between 18 – 40 years of age. Attachment dimensions were measured by The Close Relationship Experience - Revised (ECR-R-16), relationship adjustment by The Dyadic Adjustment Scale (DAS), and six conflict communication styles (compromising, dominant, separating, submissive, avoidant and reactive) by The Romantic Partner Conflict Scale (RPCS). The effect of conflict communication styles as mediators seems to be predicted by attachment and gender. In men, the mediating function of communication styles between attachment and relationship adjustment was confirmed for reactive and avoidant style, in women for reactive and compromising. The mediating effect of communication styles was not significant for partners' relationship adjustment.

Key words:

attachment, romantic relationships, communication styles, conflict communication