

## Annotation

This thesis discusses the approaches of health workers to restraining procedures in clients with Alzheimer disease. It observes how the medics and the health workers solve aggression, pronounced restlessness and behaviour disorders of clients with dementia.

The focus of this thesis is on investigating of individual restraining procedures and the opinions about their use in clients with Alzheimer disease, when experiencing aggression, anxiety and behaviour disorders. The participants involved were the medics, the nurses and the social workers of four institutions of social care for elderly and two departments of geriatrics in Czech Republic.