

Abstract

The topic of this master thesis is focused on occupational workload and life satisfaction of medical staff members, specifically general nurses. Profession of nurse is very physically and mentally demanding and the workload can lead to disturbance of nurse's health and well-being, thus also life satisfaction, which is a cognitive part of well-being.

The aim of the theoretical part of the thesis is to be knowledgeable in thematic literature and summarize gained information into meaningful content. The first chapter is dedicated to the profession of nurse, its content, what education must be completed and what personality assumption should be met. The following chapters are focused on the occupational workload and stress of nurses, connected problems and coping options and also life satisfaction with related concepts is discussed.

Aim of the empirical part is to analyse how selected Czech general nurses from inpatient wards scored in the Questionnaire of Life Satisfaction and the Meister's Questionnaire of Workload Rating, explore dependence of the outcomes on selected factors and causality between the outcomes. Attention has been focused on particular departments.

Key words: department, life satisfaction, nurse, occupational workload, profession, stress