

**Abstract:**

In this thesis we dealt with two important theoretical concepts of well-being - subjective (E. Diener) and psychological (C. Ryff). Previous work has demonstrated the conceptual identity of both constructs, but at the same time highlighted their interdependence. The aim of the work was to analyze both concepts of well-being on the basis of their relationship to selected psychological variables: self-esteem, personality traits, coping strategies and basic human values.

The research sample consisted of 2368 university students of Masaryk's University in Brno. Using Pearson's correlations, we have described relationships of subjective (SWB) and psychological (PWB) well-being to the mentioned psychological variables. In many cases, correlations suggested similar relationships between SWB and PWB with the variable. We further tested these similarities by the test of the difference between two dependent correlations and found statistically significant differences in the relationships between both concepts of personal well-being and self-esteem, personality traits of extraversion and conscientiousness, coping strategies of active coping, behavioral disengagement, planning, denial, positive reframing, acceptance and self-blame. Moreover, we found statistically significant correlations of PWB with values of self-direction, stimulation, conformity, tradition, dimension of openness to change and dimension of conservation, which we did not observe in the case of SWB.

We put results of our study in the context of contemporary knowledge in this area of research. The limits and merits of the study were discussed, including suggestions for future research into concepts of well-being.

**Keywords:**

psychological well-being, subjective well-being, self-esteem, personality traits, coping strategies, values