Abstract

- Title:A comparison of the level of physical abilities of older school age players in
the sport games
- **Objectives:** This thesis is aiming to find out different levels of motor skills among childen of older school age in several sport disciplines. The goal of this project is to compare those skills amongst selected games and the norm of the test battery
- Methods: The reaserch was conducted by form of testing according to the test battery uniffited test 6-60, Which consisted of ones height and body weight and tests to find out the levels of motor skills.
- **Results:** While comparing the result of floorball ice hockey and basketball the players of ice hockey achieved the best performance values, which won in 3 of 4 measured categories. Comparing the results of the whole reaserch file with the uniffit normes probandi achieved avereged to above averege values, only 11 % were bellow average
- Keywords: physical abilities, unifittest 6-60, sport games, floorball, ice hockey, basketball