

Abstract

Title of the thesis: Release of pupils from physical education in elementary schools

Aims of the thesis: The aim of this thesis was to find out the main causes of the release of pupils from physical education (PE) at 8 primary schools in the districts of Kolín and Nymburk, to outline the health consequences of release, to monitor the situation regarding the number of pupils with special educational needs (SEN) and to examine the subjective opinions of teachers on the issue using fieldwork data collection.

Method: It is a questionnaire survey conducted at 8 primary schools in the district of Nymburk and Kolín. The research group consisted of 16 physical education teachers (2 teachers from each school), 12 women and 4 men. The questionnaire is divided into 2 parts. The first part, where general information and pupil numbers were collected, was completed by all respondents. The second part was intended for those who have pupils in their class with special educational needs.

Results: 4.46 % of pupils were released from physical education at the schools interviewed in 2018/2019. The most common reason for TV release is muscle, skeletal or connective tissue disease (27 %). According to teachers, too many students in the group and the risk of progression of the disease or injury were the most frequent real reasons that played an important role in the release of PE. These reasons were chosen for 10 pupils from 15 pupils (66.7 %) who are released from PE. Integration education would be the most helpful to improve integration at their school (20 %)

Key words: Integration, release of physical education, physical education, inclusion, special educational needs, handicapped pupil, disadvantaged pupil, health, school legislation