

Abstract

Title: Diagnosis of selected competencies of track and field coach of youth

Objectives: The main aim of the thesis is to diagnose selected competences of a coach of youth athletics and to verify the hypothesis about the connection between performance and the aspiration of coaches.

Methods: The thesis used qualitative methods of research and psychological testing. The qualitative methods used were testing, observation and research. Psychological testing was in the form of TATSO test. Finally, the statistical method F-test was used

Results: The results of the work will be a useful source of information for the Czech Athletic Association in the development of curricula for trainers and will also be an indicator for athletic clubs, which organize youth trainers.

Keywords: Athletics, coach of youth, coach competencies, TATSO test, F-test, ČAS, Czech Athletic Association, aspiration, level of aspiration