

Bachelor thesis abstract

Name, surname: Lucie Kolínková

Supervisor: Mgr. Michaela Zahrádka Köhlerová

Opponent:

Title of bachelor thesis:

Physiotherapy in Alcohol-Dependent Patients

Abstract:

The content of this thesis is the issue of physiotherapy in patients with alcohol dependence. The aim of this work is to bring a comprehensive overview of the problems of alcoholism, its impact on the patient's health, obstacles for the therapist and used physiotherapeutic approaches.

The introductory, theoretical part describes the origin of alcohol dependence and its composition, incidence and abuse. It deals with the effects of alcohol on the human body and comorbid disease. It also summarizes the treatment of alcoholism of without the use of physiotherapy.

A special part of this work is a form of research. It describes and summarizes current knowledge in the use of physiotherapy in patients with dependence. It contains a brief description of the methods and approaches that can be used in physiotherapy with dependence-patients. It also includes a review of current studies investigating the influence of physiotherapy and exercise methods on the physical and mental health of alcohol addicts. The discussion summarizes the issue of alcoholism, evaluates and compare individual studies.

Key words:

physiotherapy, physical activity, alcoholism, dependency