

ABSTRACT (v AJ)

Introduction to Issue: The examined issue of the thesis is the influence of burnout and its development on the sexuality of women in health care in emergency care. Since there are a few nurses working in hospital facilities, I think they are in great danger of burnout. Therefore, it is necessary to investigate this issue and discover possible solutions to avoid burnout. The objective of the thesis is to find out whether burnout syndrome and its development influence the sexuality of non-medical health workers.

Methodology: The research was conducted by means of a quantitative method using the online questionnaire on the website *Ošetřovatelství.info*. The data were collected using two questionnaires, the first focused on burnout (the Czech version of the Shirom and Melamed scale) and the second, which investigated the sexual function of the respondents (KRATOCHVÍL, Stanislav. Treatment of Sexual Dysfunctions). All nurses and female paramedics working in intensive care were included in the research sample.

Results: The results were processed in Microsoft Excel and the resulting averages in each region were compared with one another. The total research sample is 110 nurses and female medical rescuers. The actual data confirm the effect of burnout on the sexuality of women working in intensive care. The obtained data will contribute to the study of PhDr. Šárka Dynáková Ph.D. and Doc. PhDr. Jan Kožnar CSc.

Conclusions and Recommendations: At the end of the thesis there are nearly confirmed hypotheses that prove the influence of burnout on the sexuality of women working in intensive care. The highest values were recorded in the physical range of burnout, where interest in sexuality subsequently decreased. Therefore, in the future it would be good to focus on the physical demands of the work of nurses and paramedics.

Keywords: Burnout syndrome, sexuality, sexual disorders, nurse, urgent care