

## ABSTRACT

The essence of this thesis is to find out how adolescents eat at the Secondary Medical School in Rumburk. The theoretical part will focus on the characteristics of psychomotor development of adolescents, eating disorders. Furthermore, we characterize basic and additive nutrients, drinking regime, recommended eating regime during the day and nutritional specifics in adolescence. The practical part will be devoted to the survey of particular eating habits and their possible causes by means of the questionnaire survey of pupils of the Secondary Medical School.