

# **Prevalence of mental disorders in the Czech population: age and sex differences**

## **Abstract**

Mental illnesses and addictions to alcohol and drugs are quite huge problem in current society, which are not much discussed and not even solved, even though in Czechia the number of people with mental health problems is increasing. In 2017 in Czechia was made the CZEMS survey, which participated 3306 respondents, who were older than 18 years. Based on these results, there is almost 20 % people diagnosed with mental illness in Czechia. This bachelor thesis is orienting at four selected categories of mental illnesses and addictions, which are mood disorders, anxiety disorders, alcohol and drug dependencies. Men have higher prevalence of addictions, mainly alcohol dependency and drug abuse, which are marihuana, cocaine, different narcotics and inhalants. On the contrary, women have rather more risk to be diagnosed with mental illnesses such as mood disorders and anxiety disorders. The analysis also focuses on exact selected illnesses and dependencies, which are depressions, agoraphobia, social phobia, marijuana addiction and tranquilizers dependency. The target of this bachelor thesis is to analyse and describe with the results of the CZEMS survey, how was prevalence of these mental illnesses and dependencies differenced in Czechia in 2017 in association with sex and various age groups.

## **Keywords**

prevalence, mental illnesses, addictions, age groups, sex, CZEMS, Czechia