

## **Abstract**

The content of this thesis is a research study investigating the relationship between burnout levels experienced by nurses working in the Czech Republic, Costa Rica, Spain and some US states. Through an online questionnaire, their degree of empathy, emotional attachment, and level of education were determined. A questionnaire was developed by using the Copenhagen Burnout Inventory (CBI) in health personnel, Interpersonal Reactivity Index (IRI) to measure of dispositional empathy, Experiences in Close Relationships - Relationship Structures (ECR-RS) to assess attachment patterns in a variety of close relationships and an Emotion Thermometers tool a simple rapid modular screening tool for detection and monitoring of emotional disorders in clinical practice. Part of the questionnaire are anamnestic questions to also analyze the demographic data. The questionnaire was sent by email to nurses working in the above countries. The group comprised a sample of 1123 nurses represented in the study from September 2018 to January 2019.