

TITLE

Use of non-traditional aids in physical education classes at elementary school

AUTHOR

Eliška Pospíšilová

DEPARTMENT

Department of Physical Education

SUPERVISOR

PaedDr. Ivan Příbyl

ABSTRACT

The diploma thesis deals with the use of non-traditional aids in physical education classes at primary school, both from the point of view of physical education teachers and primary school pupils. The theoretical part is focused on the definition of basic concepts on the given issue, the Framework Education Program for basic education and movement games using non-traditional aids. The practical part is based on a questionnaire survey with physical education teachers and interviews with pupils. The task of the research is to find out whether physical education teachers at the first level of primary schools in Prague 4 use non-traditional aids in their classes and if not, what are the reasons for doing so. The aim of the diploma thesis is to evaluate the results of the research and to summarize the contribution and the negatives of using non-traditional aids in the classes of physical education for pupils. Part of the diploma thesis is "list of games with the use of non-traditional aids" which are verified in practice and supplemented by a final reflection.

KEYWORDS:

Non-traditional aids, traditional aids, physical education lessons, types of games, movement games, motivation.