

Abstract

Title: Case report of physiotherapeutic care of patient with diagnosis ischemic stroke.

Objectives: The main goal of this thesis is to elaborate a case study of patient after ischemic stroke, and to summarize theoretical knowledge regarding this diagnosis.

Methods: The thesis is divided into general and special part. In the general part I focus on describing the theoretical basis of this diagnosis with the help of literature, especially on its etiopathogenesis, clinical symptomatics and rehabilitation cure of patients after this disease. The practical part includes case report of the patient with whom I had the opportunity to cooperate during a continuous practice in the regional hospital in Kladno in the term - 21.1. - 15.2. 2019. The case report include the input analysis of the patient, the suggestion of the therapy according to the input values, the application of the given therapies and the evaluation of the subsequent effect of the therapeutic action on the physical and mental condition of the patient.

Results: The patient's health condition improved during the therapies. Effect of the therapy was an improvement of the patient's self-sufficiency and self-reliance in routine daily activities. This improvement was due to the increase in the movement of the paretic segments.

Key words: stroke, ischemic, spasticity, hemiparesis, physiotherapy, rehabilitation care