

Abstract

- Title:** The case study of physiotherapy treatment of a patient with the diagnosis of impingement syndrome.
- Objectives:** The aim of this bachelor's thesis is to summarize the theoretical knowledges about the diagnosis of impingement syndrome in its first part. The following part is focused on elaboration of the case study of the patient with this diagnosis.
- Methods:** This bachelor's thesis was drawn up on the basis of intership in the Centrum léčby pohybového aparátu in Prague between 7. 1. 2019 - 1. 2. 2019. This bachelor's thesis consists of two parts – the general one and the special one. The objective of the general part, which resumes information drawn from the scientific literature, is to approach the issue of impingement syndrome. The special part includes a case study of the patient with this diagnosis and contains the initial kinesiological analysis, the aim of the therapy, description of the therapy and its final evaluation.
- Results:** I have managed to summarize the theoretical knowledges of the problem of the diagnosis in the general part of the thesis. In the special part I have processed the patient's case study. In the course of the therapy, the patient's condition improved subjectively by 20%. In an objective evaluation, the greatest improvement occurred in the range of motion of the right shoulder joint.
- Keywords:** impingement syndrome, frozen shoulder, shoulder joint, physiotherapy, case study