Bachelor thesis supervisor’s review

Bachelor thesis: General Development of Strength in Swimming

Author: Christodoulos Tsangaros

Thesis supervisor: Mgr. Daniel Jurák

Rating (1 – 4)
(1 = best; 4 = worst):

1. Fulfillment of assignment requirements: 2
2. Self-reliance and initiative during the thesis solution: 2
3. Systematic solutions of individual tasks: 3
4. Ability to apply knowledge and to use literature: 3
5. Collaboration and consultations with the thesis supervisor: 3
6. Thesis formal and language level: 2
7. Thesis readability and structuring: 2
8. Thesis professional level: 3
9. Conclusions and their formulation: 4

Verbal evaluation: Good

Brief summary evaluation of the thesis (compulsory):

The communication with author was harder than usually because Mr. Tsangaros was not in the Czech Republic at the time of work. There was some misunderstanding in the communication concerning the content and the way the work was processed. These discrepancies resulted in a rather inaccurate processing of the search and also led to some of the errors mentioned in the conclusions of the work. On the other hand, I must say that Mr. Tsangaros is able to work out a simple scientific task that leads to the presentation of problems in the given issue of swimming training.

Questions for defense:

1. What are the characteristics of swimming performance? Which physical abilities in swimming performance predominate?

2. Explain to us the concept of "negative transfer of strength assumptions to performance" and how is this transfer caused?

In Prague

2. 5. 2019

Mgr. Daniel Jurák