

Abstracts

Title: Case Study of patient After right knee replacement.

Goals: The aim of this thesis is to discuss the rehabilitation of patient after replacing the right knee joint and a basic general outlook of the total knee replacement surgery.

Methods: Methods used in this study are all based on the literature given by the Faculty of Physical Education and Sport. Including post isometric relaxation, joint mobilisation, and soft tissue techniques according to Lewit, length and strength measurements according to Kendall.

Results: After 8 therapy sessions results of therapy were in strengthen weak muscles, increasing ROM in the Knee joint and reduction of tonicity in hypertonic muscles.

Keywords: Hematoma, Quadriceps, Range of motion, knee joint, Osteoarthritis.