

## **Abstract**

**Title:** Theoretical knowledge of objective mountain hazards in freeride skiing users.

**Objectives:** The aim of this work is to create an overview of theoretical knowledge of objective mountain hazards for freeride skiing users.

**Methods:** I used the search method, exploration and analysis the obtained information, which is related to the objective danger of the mountains.

**Results:** The result of this work is to create an overview of the knowledge needed before riding in the open terrain, which should help in the movement in the open terrain and to prevent dangerous situations.

**Keywords:** avalanche, terrain, weather