

# **Protective Treatment and Security Detention**

## **Abstract**

This diploma thesis summarizes information about the institutes of involuntary commitment, especially involuntary treatment and security detention. A goal is to describe their development, imposition and their program. The next goal is to examine the influence of physical activity on patients and perpetrators who had been subjected to involuntary treatment or security detention. And finally to describe the opportunities for physical activity in psychiatric hospitals and detention institutes. This diploma thesis also surveys the opinions of the staff working in these facilities on the above stated issues.

The first part introduces basic information concerning this topic. Next comes a part describing types of punishments and preventive measures. In the subsequent part, I describe measures imposed on juveniles and children under the age of 15 with an emphasis on protective education. Next, I explain important concepts and terms connected with this topic. I pay attention primarily to insanity, diminished sanity, mental illnesses and abuse of addictive substances.

The thesis describes protective treatment in general as well as the types of protective treatments and the way they are carried out. The imposition of protective treatment is the topic of the next part. In the part about security detention I deal first with security detention in general, its imposition, and then with the law concerning enforced security detention and the range of offenders to whom security detention might be meted out. I compare the Czech protection measures with those used in other countries: Germany and Austria. I mention the influence of physical activity on people and analyze physical activities that are used in psychiatric therapeutic programs in hospitals and institutions for security detention.

Other important part is the methodology of this work. The results and the data obtained from a survey are stated in the next section. Various types of physical activities used in the psychiatric hospitals and security institutions are described in this thesis. I also point out shortcomings that the staff of these facilities experience and also find out which physical activities affect patients and caretakers. I also gather views of the employees of these facilities on the functioning of these institutes in practice. Next, I discuss some of these issues in more detail and suggest improvements *de lege ferenda*.

**Key words:** protective measures, protective treatment, security detention