

Health determinants and self-perceived life expectancy

Abstract

The bachelor thesis addresses the relationship between selected determinants for people aged 65 and over, and the statements about their self-perceived health, in 2014. EHIS and EU-SILC surveys were used as source information. Selected health determinants belong to lifestyle factors and therefore can be influenced by one's behaviour. These determinants include body mass index, smoking habits and alcohol drinking. The thesis is based on an international comparison of selected health determinants and mortality indicators obtained from Eurostat data on the 28 member states of the European Union.

Keywords: health determinants, self-perceived health, body mass index, smoking habits, alcohol drinking, EU28