Abstract

This thesis focuses on mapping out work burden of formal caregivers in social services, above all on categories influencing a level of the burden. Its aim is to describe categories/areas of work burden of caregivers in retirement homes at standard wards and at wards with a special measures regime, where they take care of clients suffering from dementia. A sub-aim is to find out whether there are differences in perception of the work burden at the two types of wards and differences between work burden at these wards. Based on the conclusion of this thesis, recommendations for the management of retirement homes will be formulated. The research will be conducted in a retirement home which has both types of wards – the standard one and the one with special measures regime. Its respondents will be the formal caregivers of these wards.

Key words
Formal caregiver, paid caregiver, burden, measurement of caregiver burden, workload of formal caregiver, home for the elderly, retirement home, nursing home