

ABSTRACT

Title

Assault rifle shooting technique

Objectives

Description of a correct shooting technique from rifle with focus on the basic factors which affects shooting technique such as triggering, aiming, breathing, shooting positions and grip.

Methods

This bachelor thesis was assembled based on information obtained from a literature search and from other sources related to the issue.

Results

The result is a study of shooting technique, factors that affect the technique and instruction on using long guns focusing on the assault rifle BREN.

Keywords

Shooting technique, assault rifle, BREN 805 C, BREN 806 C