This thesis is focused on comparing living in one's own house with living in the retirement homes for seniors from the perspective of life quality of their old-aged residents. The thesis compares living in retirement homes and living in their own homes, also tries to identify the factors which have an impact on their quality of life. Three main factors are common for both groups: autonomy, relationships and health. It is also shown that quality of life is higher for seniors living in households. Because of the small number of Czech studies on this topic, we suggest new quantitative research using standardized WHO tools.