

## **Abstract**

The thesis focuses on positive view on aging. The first part of literary review is focused on positive biopsychosocial changes in elderly. Further, we continue with theories of successful aging, which are replenished by models of well-being. Above that significant space is dedicated to a contemporary foreign studies, which complete flourishing foundations of successful aging within the Czech research. Purpose of literary review lies in dedication to a salutogenic phenomena, which may happen even at the end of life. The second part, is dedicated to research project proposal, which is thematically connected with an introduction. Our main field is to authenticate connection between health and subjective well-being. The research has a quantitative design using questionnaire survey.

## **Key words**

well-being, senior, health, positive psychology, elderly