

The thesis is focused on the service of the social therapeutic workshop as one of the possible support for the integration of persons with intellectual disabilities into the normal life.

In the first part of my thesis I summarize the theoretical knowledge regarding characteristics of mental disability. The next chapter deals with the integration of people with mental disabilities, their needs and rights, including the possible disadvantages in some spheres of everyday life. Followed by defining services to socially therapeutic workshops. At the conclusion of the theoretical part is devoted to the support of individual areas. The aim of the empirical section is to characterize the role of social therapeutic workshops in the integration of people with mental disabilities into the normal life.

From the results obtained it follows that the socially therapeutic workshops may have for the user a positive contribution in the various areas of their life and this also could theoretically lead to easier integration into the life of ordinary society. However this benefit is highly dependent on the individual abilities of each individual and also depends on the degree and depth of their disability. Some users therefore can achieve optimal levels of autonomy and improve their social as well as professional application. For some it can occur at least to some improvements in individual areas and in doing so can promote their quality of life. Attendance at the social therapeutic workshops so that it can become meaningful filling into everyday life.

Although this was not a representative research but only the survey I believe that the goal of my work has been fulfilled. I realize that the outputs have only illustrative character and can not be applied to all the socially therapeutic workshops because I conducted my own survey only on a small sample of respondents. However I think that every testimony has its exceptional meaning and can serve at least for a certain orientation. For the objective of the results would certainly be advisable to carry out interview with the user themselves or with their families.