

Errata

Název práce: Vliv drog na prenatální a postnatální vývoj člověka a modelových organizmů

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5. Závěr

Problematika užívání opioidních látek v průběhu vývoje dítěte, popřípadě před početím dítěte, je velmi rozsáhlá. Nejde pouze o užívání drog, jako je například heroin ale i opioidních léčiv legálně předepisovaných lékaři. Současně se problematika týká i léčby závislosti pomocí substitučních látek jako je například metadon či buprenorfin. Dopad na postnatální vývoj má i podávání opioidních farmak přímo novorozencům.

Ke správné léčbě následků užívání drog v průběhu těhotenství je důležité porozumět jednotlivým procesům které vedou k následně pozorovaným odlišnostem mezi dětmi vystavenými opioidům a mezi dětmi, které žádné opioidní látce vystaveny nebyly. Procesy probíhající v plodech a novorozencích se mohou lišit oproti procesům u dospělých jedinců, což je důležitý aspekt především při studiu novorozeneckého abstinenčního syndromu. Problematika prožívání abstinenčních příznaků u novorozenců je velmi rozsáhlá a hlubší porozumění by mohlo mít významný pozitivní dopad na budoucí léčbu.

Vývojové defekty, které se často u novorozenců vyskytují jsou srdeční vady, nízká porodní váha, dechová nedostatečnost, poruchy vývoje vidění a výskyt předčasných porodů. Časté jsou také poškození nervové tkáně. Ve většině případů, u kterých nedošlo k rozsáhlým malformacím nicméně v pozdějším věku nepozorujeme výrazný rozdíl v kognitivních schopnostech mezi zdravými dětmi a dětmi vystavenými droze či léčivu. Při hodnocení IQ byl prokázán mnohem výraznější vliv prostředí, ve kterém dítě vyrůstá než vliv přítomnosti opioidní látky v průběhu vývoje.

Dále by bylo vhodné hlouběji studovat vliv užívání různých substitučních léčiv, mimo nejčastěji užívaný metadon a buprenorfin. Kombinace v průběhu léčby s jinými substitučními látkami, například klonidinem, by mohla urychlit léčbu abstinenčních příznaků novorozenců a zlepšit tak přetravávající následky z dlouhodobého užívání opioidů u novorozenců.

6. Literatura

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