

The quality of life have been a subejct of many studies and thesis for about last fifteen years. This work presents the concept of quality of life, especially from the view of the psychology and the medicine. There are discussed some methodological problems of the measuring and the evaluation of the health-related quality of life and there are also described basic and inportant instruments used in clinical studies. The aim of the second practical part is to illustrate a use of an instrument in a concrete situation – in the evaluation of the health-related quality of life of patients with coronary disease.