

Abstract

Title: Guide for selection of tennis equipment for players and coaches

Objectives: The main purpose of this thesis is to create a detailed guide for selecting tennis equipment for players and coaches, which will help players choose right racquet, strings, balls, shoes and bags. At the same time, it will inform the reader about equipment for tennis coaches. In addition a questionnaire will be elaborated to detect the equipment preferences of players at performance level.

Methods: Content analysis of documents was used in this thesis and was completed by a questionnaire.

Results: Result of this thesis is a guide for selecting tennis equipment for players and a coach, which helps people choose the right racquet and strings. One will also gain better knowledge of tennis ball characteristics in connection with different surfaces and varying game styles. Also results from the questionnaire will be elaborated to illustrate the preferences of players at performance level.

Keywords: Tennis, guide, tennis racquets, tennis strings, tennis shoes, tennis bags, tennis balls, history of tennis, tennis accessories, equipment, coach.