

The submitted essay focuses on the very broad and problematic idea of complex which is characterized as "king road to unconsciousness" by Carl Gustav Jung. The aim of the essay is to identify and theoretically describe the fundamentals of the complex-phenomenon and to point out its relation to the motivational part of personality. The basic hypothesis of the essay is the presumption that complex might function as a positive motivational drive of human behaviour. That is the reason why it is necessary to analyze, theoretically and in detail, the process of motivation, too. Different from the specialized psychological works, this essay is to be seen from broader, cultural point of view and it summarizes both the new approaches to the field of motivation and complex and the older thoughts of the great psychologists Carl Gustav Jung, Alfred Adler, Sigmund Freud and many others.

Despite the fact that neither in the domestic nor in the foreign literature we can find any monographies that would handle the problem of complex and the related phenomena in detail, I tried to reveal the possible relation between complex and the motivational part of personality.

Based on former studies of scholarly literature I have concluded that it is necessary to view both mentioned terms in various context as without it the full understanding of the terms would not be possible. The essay thus unveils the basic theory of motivation and complex and introduces a broad theoretical analysis of the drafted out hypothesis. According to the fact that nowhere in the studied literature any single prove appeared that would strictly deny the layed out hypothesis, it is possible to declare that complex can really in a considerably positive way influence the motivational part of human self.