

**Abstract:**

Depressive disorder is the most widespread psychological illness and is responsible for the disability of many. However, this disease is not only a pathological change of mood, current research shows that depression can also be connected with a cognitive impairment, a pathological changes in optimal functioning. This impairment can not only deepen the illness but as well worsen work and personal life of a patient.

This paper aims on presenting the basics of the disease, its causes, and the ways in which depression and cognitive deficits are currently treated. Since the research is carried out in an intercultural context, the studied cultures of the Czech Republic and Mexico are presented in the context of current theories.

The intercultural research examines the cognitive deficit of depressed patients. The results of depth of depression, neuropsychological tests, and tests evaluating rumination are compared interculturally. There were no important statistically significant differences found between the two cultures. On the other hand, the results show some impairment in cognitive functioning in depressive patients.

**Keywords:**

depression

cognitive functions

cognitive impairment

ruminations

intercultural comparison study

Mexico

Czech republic