

Abstract

Title of thesis:

Coaching activity in the volleyball training process for the young players category

Aim of thesis:

The aim of thesis is to find out, describe and evaluate volleyball coaching activity in the training process and during the match at young players category

Method:

To fulfill the research objectives, I used the method of interrogation using non-standardized questionnaire with closed, semi-opened and opened questions. The obtained data from the questionnaire were analyzed by the sum of the number of probands and their answers. The results were processed by conventional statistical methods, expressed in words, tables and graphs.

Results:

The results of the thesis showed both the opinions of the coaches, but above all their coaching practices or methods, which they apply during training process. In some cases it is difficult to determine whether the procedures are correct or not, but there are cases when it is obvious. We partially touched the problem of early specialization in young players category.

Keywords:

Volleyball

Training of children and youth in volleyball

Specialization of player's functions

Coach's activities and character

Player's character