

## **Summary**

**Title:** Transfer and interference in tennis technique

**Objectives:** The main goals of this paper is to compare the techniques of tennis and ice hockey players and propose the correction techniques.

**Method:** The basic method will be used method of direct observation of players in the game situations.

**Results:** Based on the literature, I compared the correct performance of tennis techniques with the technique of players, who play ice hockey at the same time. I proposed a correction exercise that should eliminate or partially reduce errors.

**Keywords:** transfer, interference, ice-hockey, tennis technique, flexibility