

Abstract

Title: Comparison of the badminton match in men's and women's singles

Objectives: The goal is identify the most effective a choice combinations of the first three shots, leading to the acquisition point in singles between the best Czech male and female players. And also to discover determine and compare which was the usage of different types of serve, return and the third shots.

Methods: Comparison of differences in badminton match between genders was based on indirect observation - video analysis. Statistics were used for data processing.

Results: The results shower huge difference in tactical approaches among men and women players. Women preferred long high service and most of the service returns were played into back backhand court area and the third shot usually routed into back forehand court area. It means that the most played shot was a clear shot and the most occupied part of court was a back backhand corner. Despite more successful was when women players played drop by their third shot. Domination of short backhand service was seen by men players, the second shot routed the same direction like women players second shot - to the back backhand court, but also to the front part of the court. Third shot was mostly played into back backhand part of the court. If players wanted to be successful, then they had to keep playing first three shots in the front court. Results that were discovered can be used by coaches and players for a better preparation of their training hours if they want to win matches in the world's tournaments.

Keywords: badminton, notational analysis, serve, return, third shot, tactics