

The Internet has become the dominant medium in the last decade, and increasingly, mobile phone use is a natural part of our lives, and in any age category. Tobacco use is currently very popular, according to the State Health Institute (2018), a total of 25.2% of smokers in the adult population in 2017. The thesis deals with the research carried out in 2018, focusing on the use of mobile phones and the use of tobacco products by members of the Police of the Czech Republic, comparing the use during working hours against use outside of working hours. Data collection was conducted through a standardized questionnaire survey. To determine the use of tobacco, the Cigarettes Scale Questionnaire was used and a Chen Internet Scale Questionnaire was used to determine the use of the mobile phone. In the form of simple, deliberate selection on the basis of possibilities and availability, the members of the Police of the Czech Republic in the Česká Lípa District were included in the research and were included in twelve local offices. The number of respondents involved in the survey was 100 policemen. The data I received from the questionnaires was summed up before the statistical processing and the categorization of the answers was done. The results obtained were rewritten into a table in MS Excel, where they were processed, analyzed, evaluated and subsequently plotted. The research found that a higher number of Czech police use tobacco in the service to a greater extent and in the form of smoking, as well as in the service, spend more time on the Internet and using different functions of their mobile phone, than it is in their private life.