Abstract

Goals: The goal of the thesis is to find out the benefits of teambuilding courses and the opinion of their participants after nine years.

Methods: It is a case study of a chosen class from the Prague High School of Jan Neruda. The research sample consisted of 12 high school graduates at the age of 21 – 22 years who participated on a teambuilding course in Mozolov in October 2010. The research was conducted in the form of semistructured interviews, the data were analysed by basic statistics and the results were interpreted in tables by the counts of answers.

Results: By analysing the interviews we found that the teambuilding course significantly affected the creation of social relationships within the class. These relationships were further deepened throughout the high school studies, as mentioned ten respondents. Ten respondents also answered that they tried new activities during the course, however only three have been practicing some of them after the course. The main memory from the teambuilding course was the first social moment.

Conclusion: The teambuilding course effects the creating and deepening of social relationships and facilitates the first contact with classmates and teachers. It didn’t contribute to develop the interest in practicing outdoor activities after the course.

Keywords: teambuilding course, dramaturgy, High school of Jan Neruda, adolescence, outdoor education