

Abstract

This thesis deals with the health and quality of life of elementary school teachers. The aim of this thesis is to provide informations on selected aspects of the health and quality of life of teachers. The thesis is divided into theoretical part and research part. For the collection of data of research part was used the questionnaire method. The questionnaire verifies assumptions that have been drawn up on the basis of practical experience from the teacher's work. Some assumptions have been confirmed, others have not. At the end of the research, suggestions for a practice responding to the survey results are presented. The results of this thesis may serve as inspiration or initial evidence for deeper exploration of the phenomena of teaching practice.

keywords: teacher, health, quality of life, drinking regime, school noise, teacher stress, teacher illness, teacher position in society, burnout syndrome, communication with parents