Abstract:

Garden therapy is relatively well known abroad. Even though there are gardens in the Czech Republic that can be used for this kind of therapy, the field itself is not known at all. The goal of my thesis was to create a design concept of a therapeutic garden for patients with brain injury. Part of the design concept are fragments of tactile, olfactory and locomotive training or wheelchair training that a therapist can use for therapy.

In order to create a design concept, I evaluated not only the literature but also the answers from a semi-structured interview answered by 3 occupational therapists who have a garden in their facilities. I partially modified the concept using the collected answers. The result of my thesis is a therapeutic garden that corresponds to my ideas and knowledge of occupational therapeutic field. Two specific sensory aids from the garden environment complementing it’s therapeutical use are also included. These aids are for smell and touch training.

The main contribution of my thesis is to point out another possible therapy method that occupational therapists might use in practice or multidisciplinary collaboration with garden therapists.

Key words:

- occupational therapy
- garden therapy
- after brain injury
- therapeutic garden