## **ABSTRACT**

In this diploma thesis I look at the Analysis of selected textbook health education through the eyes of teachers who use it in their lessons. The theoretical part of this thesis serves as an introduction to the complex topic of textbooks and lays out the criteria according to which a textbook is chosen. In the practical part I carry out a didactic analysis of the textbook and I present a summary of experience of teachers who have worked with it.

The practical part shows that teachers's experience does not differ significantly from the findings of the didactic analysis. The textbook's unusual approach to teaching health education is prominent in both surveys.

This thesis aims to help junior health education teachers decide whether and how this particular textbook will benefit their own teaching method.

## **KEYWORDS**

analysis of textbooks, teaching resources, textbooks, function and structure of textbooks, textbook evaluation