

Abstract

Title: Relationship between fundamental motor skills and specific game skills in young football players

Objectives: The aim of this thesis is to determine the level of fundamental motor skills and specific game skills at football players of youth league. Next aim is to determine the relationship between these skills.

Methods: The main research method of this thesis was the observation method. Followed group was consisted of football players in U12 age category from FC Tempo Praha (n=24). The level of fundamental motor skills was examined by TGMD-2 (Test of Gross Motor Development) and the level of specific football skills was examined by test of leading the football ball and accuracy of shooting.

Results: In TGMD-2 4% of probands achieved excellent level. Next 4% of probands achieved above-average level, 46% of probands were on average level, 13% of probands were evaluated as slightly below average. Below the average were 25% of probands and 8% of probands were on very below average level. Statistically significant relationship was found between the level of fundamental motor skills and specific game skill- leading the football ball ($p < 0,05$; $r = -0,70$). Furthermore, it was found that the level of specific game skill (leading the football ball) is influenced more by object control skills ($p < 0,05$; $r = -0,77$) than by locomotor skills ($p < 0,05$; $r = -0,67$).

Keywords: football, fundamental motor skills, game skills