ABSTRACT

In my bachelor thesis I was dealing with the problem of morbid obesity (BMI 40 and more) with combined surgery according to worldwide criteria IFSO - International Federation for the Surgery of Obesity and Metabolic Disorders. I consider this topic as a big issue nowadays which is confirmed also by statistics WHO – World Health Organisation.

Aim of my bachelor thesis was to describe the hospitalisation of the patient with minigastric bypass for morbid obesity. Further I was trying to find out whether the clinical practise is or is not different compared to nursing care which is stated in literature, health magazines and professional websites.

Information and documentation needed for the theoretical part of my thesis was found in search of National Health Library, database Medvik, PubMed and others. Also, I have used information from IFSO, EASO – European Association for the Study of Obesity, SAGES – Society of American Gastrointestinal and Endoscopic Surgeons and Czech Obesitological company.

The form used in bachelor thesis is case study based on the search of the particular patient, model used is according Marjory Gordon and nursery process. Available source was also health documentation, interview with the patient and discussion with the nursery team.

When the nursery care was provided by the team, the standards and procedures were kept, the content was identical as in the recommendation of the Health organisations.

The outcome of my thesis is also a recommendation for the patients and public, all concentrated in leaflet – „How to live with gastric bypass“. The leaflet can also be an inspirational material for other health centres and future or current patients.

**Keywords:** morbid obesity, bariatric surgery, laparoscopic surgery, nursing process, psychology.