ABSTRACT
The purpose of this thesis is to explore a topic of attachment to parents and its influence on adolescents’ subjective well-being. The theoretical part deals with the specifics of the developmental period of middle adolescence. Afterwards, it presents the main ideas of the concepts of attachment and well-being. The great emphasis is also given to gender differences and changes in attachment and subjective well-being across the life span. The practical part focuses on correlation between adolescents’ attachment to parents and their well-being by means of a questionnaire survey. It tries to provide a comprehensive overview of the topic and that is why it also deals with the analysis of gender differences and differences between attachment to mothers and attachment to fathers.

The research brings interesting results. It confirms the expected positive correlation between girls’ well-being and their attachment to both mother and father, however it does not prove either the correlation between boys’ well-being and their attachment to mother or correlation between boys’ well-being and their attachment to father. The analysis of gender differences also shows that girls and boys do not differ in attachment to mother, but they do differ in attachment to father. Girls show lower quality of the relationship with father compared to boys. The gender differences in subjective well-being were not found.